# Get the Insight

Insight Schools of California: January Newsletter



#### Leadership Lounge

#### Welcome Back!

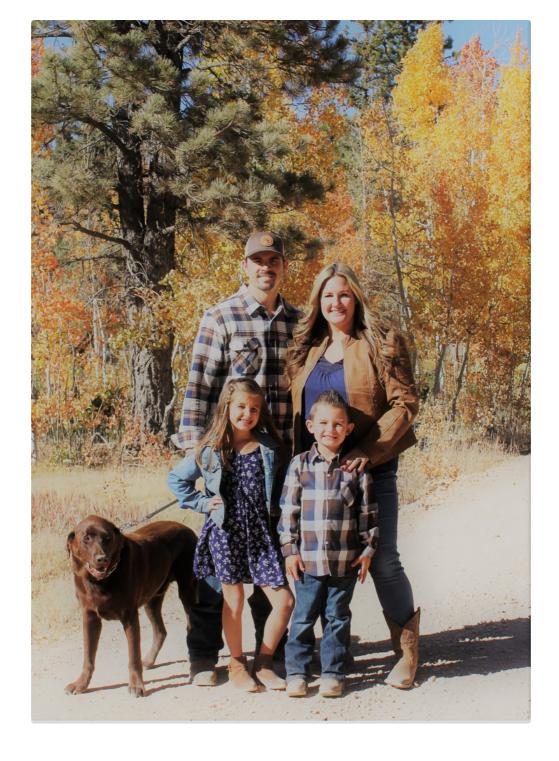
Hi!! My name is Monique Kroese! I am the head of the Math and Social Science departments here at Insight. I am so excited to be back after a nice long relaxing break! I hope you all enjoyed your well-deserved time off and spent it with friends and family.

As we get back in the swing of school, it is important to remember that the quarter ends January 27! That leaves us 3 weeks to do whatever we need to do to raise our grades. I encourage you to do the following:



- Be on the lookout for catch up plans from each teacher. This will be a list of assignments that will help you raise your grade in the class.
- Don't wait until the last day; get to work RIGHT NOW!!
- Attend all your class connect sessions and log in to your courses every day!
- Ask for help! We have amazing teachers who are there to support you. Call, text, email! But remember, don't wait until the last minute; ask for help before it is too late!

Let's welcome 2020 by putting our best foot forward!! Make good choices, be respectful of one another, work hard, and always do our best!! 2020 is going to be great!



**Family Engagement** 

## Happy New Year, Insight Families!

I hope you had a wonderful winter break! I enjoyed sleeping in, spending time with my family, and focusing on how lucky I am. I have friends, family, and loved ones who love and support me, and I am so excited to share that feeling with you. Here, at Insight, we think of you as family, and we are here to love and support you. I strive to make you feel that,



every day, and I look forward to seeing more of you at our virtual clubs and support groups. We have a few more activities planned for this month, and even more in months to come. Please, check out or Outings website and join us for an event. And if you haven't yet, check out the clubs below and join us for a virtual event. We are having lots of fun interacting with each other, and it's okay to just hang out and listen, too. School can be about so much more than just homework. Stepping out of your comfort zone and meeting people is a great way to feel more engaged and a part of the school.

Also, please make sure you and your LCs come to Learning Coach University. I am so enjoying helping parents learn how to support you! Please, encourage them to join in and check it out. Click the image below if you haven't taken our short survey to give me more ideas of how to make school more fun, enjoyable, and successful for you. Here's to a fantastic 2020!

Janine





## **Insight Outings**

Click the image below to check out the Outings Website for more info on events near you! Check back regularly, as events are being added all the time. There will be many more events after the holidays!

## Insight Schools of California

In Person and Virtual Events

Click this image to check out Face-2-Face events near you!

Event/Site Name	Staff Member #1	Staff Member #2	City	Date	Time
Starbucks (Canned Food Drive)	Marci Knoll	Jen Buehler	Irvine	1/15	12:00 PM
Oakland Museum of CA	Messiri Freeman		Oakland	1/24	11:00am- 3:00pm
National School Choice Week/Fair Oaks Library	Leah Savage		Fair Oaks		11:00am- 12:00pm







## **Insight Virtual Clubs!**

**Art & Travel Club** – If you love art and travel, love to draw, look at art, or want to visit exotic places, this club is for you!

- · Tuesday, January 7th, 3:30-4 PM
- https://zoom.us/j/947822575

**Teen Pregnancy/Parenting Support Group** – Are you expecting? Are you already a parent? Join this group to share your experience with others and get some tips to help you learn to juggle all your responsibilities.

- Thursday, January 9th, 3:30-4 PM
- https://zoom.us/j/950392208



- · Check out this SITE for more info
- Thursday, January 16th, 3:30-4 PM
- https://zoom.us/j/161240475

**Makeup & Fashion Club** – Love makeup and fashion? Want to show off your mad skills or learn more? This club is for you!

- Tuesday, January 21st, 3:30-4 PM
- https://zoom.us/j/675342568

**Art & Travel Club** – If you love art and travel, love to draw, look at art, or want to visit exotic places, this club is for you!

- Thursday, January 23rd, 3:30-4 PM
- https://zoom.us/j/577906826

## Learning Coach University (LCU)

Learning Coaches, are you tired of struggling to get your students involved in school? Students, do you need more support and encouragement from your LC? Join us this month as we cover the topic of motivation to help students succeed! All Learning Coaches who



attend the session and fill out the feedback survey will be entered into a raffle at the end of the quarter. YOU could be the winner! See our list of upcoming sessions below:

#### Thursday, January 30, 6 PM

- · Main Topic: Motivating students to succeed
- Click here to join: <a href="https://zoom.us/j/327058185">https://zoom.us/j/327058185</a>

#### Thursday, February 27, 6 PM

• Main Topic: Attendance/Requirements

#### Thursday, March 19, 6 PM

• Main Topic: OHS Login - check grades and attendance





## K-12 Learning Coach University & Coach-to-Coach Sessions

K-12 is conducting weekly sessions of Learning Coach University Tuesdays at 12 PM. Click the links below for details.

<u>January K-12 Learning Coach University Flyer</u> <u>February K-12 Learning Coach University Flyer</u>

Or, check out K-12's Coach-to-Coach Sessions, where you can learn the ropes from another LC, just like you! Click the links below for details.

January K-12 Coach-to-Coach Flyer



Visit the LC One Stop Shop to download important school documents, view How-To videos, learn how attendance works, and more!

#### **Share Your Story**



## College & Career Highlight



## Service Industry

If you think of waitstaff or bartenders when you think of the service industry, you're only looking at part of the picture. There are many different jobs that involve serving the public. Could one of these be right for you?

Bank Teller
Call Center
Funeral Director
Hair Stylist
Personal Fitness Trainer
Retail
Sales
Ski Instructor
Waiter
Wedding Planner







#### 7 Mindsets Quote for January!

#### %100 Accountable:

The 100% Accountable mindset teaches us that we are not victims of our past, that our futures are not predetermined, and that our lives are what we choose them to be at this moment and each moment forward. With a focus on recognizing fears and excuses, this mindset helps us to break down barriers, freeing our minds and focusing our energy on taking critical steps toward our goals.

"Accountability - It is not only what we do, but also what we do not do, for which we are accountable." - Moliere



**Teacher Tribute** 

#### Jake Wheeler

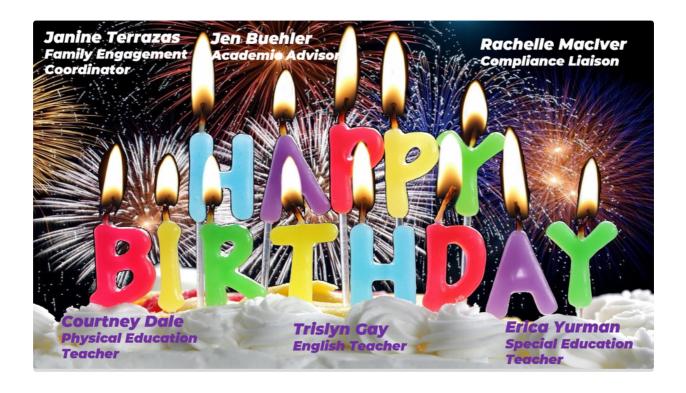
Hello Insight Family! I'm Jake Wheeler. I have been teaching US history at Insight since 2015—and I LOVE it! The students, learning coaches, teachers and staff here are the greatest.

I live in rural northern California with the love of my life and our beloved pet macaw parrot, Scooter (yes, he talks). My awesome daughter is currently attending Columbia University in NYC, and I could not be more proud of her. My wife and I love to travel in our free time. This past summer we traveled throughout Italy, which we loved (especially the food and history, my two great passions). We plan on traveling to Panama this summer, which should be a blast. There, I hope to indulge in more great food and history.

I truly believe that online schooling is the future of education, and I am immensely honored to be here, at Insight, with all of you. Thanks so much!



January Birthdays



#### Attendance Matters: Where You Belong

Do you have questions about attendance at Insight? Each month we are going to spotlight some common questions that we receive about attendance. For more attendance information, you can always check out this link and look under Attendance 101!

https://www.smore.com/9ve6d-learning-coach-one-stop-shop



#### Our internet was down/my computer isn't working. What do I do now?

Computer and internet connection issues can happen from time to time; however, students are still expected to log in despite these problems. It is always best to contact your student's Academic Advisor to let them know about the situation. If you are having technical problems, you can contact K12 Customer Support at 1-866-512-2273 or <a href="https://www.help.k12.com">https://www.help.k12.com</a>. A backup plan is essential to make sure that your student is still able to log in and complete work. Some options might include, visiting a friend, going to a local coffee shop or library to use their internet or computers. Please keep in mind that having a computer or internet connection issue is not grounds for an excused absence.

#### My student was sick and missed school. What do I do?

Please let your student's Academic Advisor know if your student was absent due to an illness or doctor's appointment. \*\*Please be advised that you may be asked for a doctor's note if your student was out for more than 3 days.

How to earn Attendance Credit Video: https://safeshare.tv/x/iG7fftnQtEE

#### Click here to visit our FAST website!

FAST: Family Academic Support Team! Click on website to read more about how we help students and families! We provide many resources and different layers of support!

Counselor's Corner



## Scholarships/FAFSA

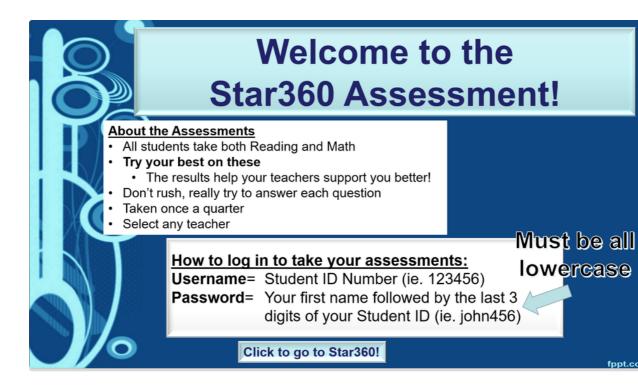
**Attention Insight Potential Graduates:** If you plan on attending college, make sure to complete your Free Application for Federal Student Aid (**FAFSA**) by **March 2, 2020**. However, the earlier you file, the more grant money you are likely to receive (up to twice as much).



<u>Grants and scholarships</u> are often called "gift aid" because they are free money—financial aid that doesn't have to be repaid. Grants are often <u>need-based</u>, while scholarships are usually <u>merit-based</u>. Need Based means they are awarded to students with financial need. Merit Based means they are awarded to students with particular skills or qualities: a good student, great basketball player, member of a certain church, etc...

Grants and scholarships can come from the <u>federal government</u>, your <u>state government</u>, your <u>college or career school</u>, or a <u>private or nonprofit organization</u>. Do your research, apply for any grants or scholarships you might be eligible for, and be sure to meet application deadlines!

For more information on grants and scholarship please visit our <u>Counseling Website</u>.



## Students! Interested in Contributing to the Monthly Newsletter?

If you are interested in contributing to the monthly newsletter, please contact

Janine Terrazas at <u>jterrazas@k12insightca.org</u>

For Example: Student Birthday Student Art & Photography Student Writing

