

# Get the Insight

Insight Schools of California: February Newsletter



## Leadership Lounge

### My name is Jaime Forrest, and I am the Lead Counselor and Trauma Counselor at Insight!

I have been married to my hubby for 18 years, and together we have 3 teenagers; my kiddos are in 8th, 9th, and 11th grades – so I fully understand the challenges of what today’s teenagers are faced with. In my free time, I love to watch football – I’m a huge Dallas Cowboys fan! I also enjoy hiking, watching my kids play sports (soccer, tennis and football), skiing, and just hanging out with my family. I have been with Insight since 2014 and have loved watching our school grow and our students succeed! My favorite part about Insight is meeting with students who continue to INSPIRE me by overcoming whatever obstacles are in their way and earning their diploma – I absolutely love our graduation ceremonies and am so proud of each and every one of our students and graduates!





## Family Engagement

### Hello, Insight Families!

We made it through Q2! I hope you feel good about your progress so far this year. Time is flying past for me, and I know many of you feel the same. We are starting a new quarter, and that means a fresh start. If you feel good about how you ended last quarter, keep up the good work! If not, this gives you a chance to start new and turn it around. I know you can do it! We are all here to help and support you. Reach out to your Academic Advisor or content teachers if you need help!



We have a bunch of activities scheduled for this month. Please, come out and enjoy them! Check out our Outings website and join us for an event. Also, our new clubs start next week. See the schedule below and join us for a virtual event. We are having lots of fun interacting with each other, and it's okay to just hang out and listen, too. I want to help you feel like school is a place just for you. Step out of your comfort zone and make some new friends!

Also, please make sure you and your LCs come to Learning Coach University. I am so enjoying helping parents learn how to support you! Please, encourage them to join in and learn more.

Click the image below if you haven't taken our short survey to give me more ideas of how to make school more fun, enjoyable, and successful for you.

My love to you all!

Janine



## Insight Outings

Click the image below to check out the Outings Website for more info on events near you! Check back regularly, as events are being added all the time. There will be many more events after the holidays!

# Insight Schools of California

In Person and Virtual Events

[Click this image to check out Face-2-Face events near you!](#)

Event/Site Name	Staff Member #1	Staff Member #2	City	Date	Time
Natural History Museum Los Angeles County	Brittney Fiorello-Larkin	Jack Frangiamore	Los Angeles	2/4	11am-1pm
Inland Empire Ronald McDonald House	Maryrose Pratt	Chris Corniola	Loma Linda	2/4	10:00 AM
SJVC College Tour	Sammie Matthews	Rachelle Mackler/Heather	Visalia	2/4	10:30am
MSJC Tour - San Jacinto Campus	Dawn Reed		San Jacinto	2/6	10:00AM
Associated Builders and Contractors (ABC) Apprenticeship School	Rebecca Ayers	Brandi Bravo	Poway	2/6	10:30 AM
BowlMor	James Kramer		Cupertino	2/11	2-4 PM
Operation Gratitude @ Starbucks, Shaw & West	Courtney Dale	Kristina Wettstead	Fresno	2/12	10AM - 12PM
Boomers Mini Golf	Jake Wheeler	Steve Svendsen	Modesto	2/13	12-2 PM
Operation Gratitude @ Starbucks, Sepulveda & Ventura, SO Galleria	Janine Terrazas		Sherman Oaks	2/19	11:30AM-1:30PM
Paul Mitchell School	Erica Yurman & Heather Paraiso	Juliette Pinzon	San Diego	2/19	1:00 PM
Soles4Souls	Jeana Flores	Kristy Alexis	Riverside	2/20	1-3 pm
UCSD Lecture - Salk Institute - Conrad T. Prebys Auditorium UCSD	Trevore Humphrey		La Jolla	2/21	1:00-3:30PM
Ultimate Sriracha Tour	Jennifer Lee		Irwindale	2/24	12:30pm
Operation Gratitude @ Starbucks, 17th & Bristol	Jack Frangiamore	Wendi Smith	Santa Ana	2/26	10AM - 12PM
Moorpark College Tour	Wade Perkins	Brittany Olson	Moorpark	2/28	10:00am - 11:00am
California Science Center	Brittney Fiorello-Larkin	Mary Guzman	Los Angeles	2/28	11am-1pm



Teen Parent Club



Q3 Insight Virtual Clubs!

**Social Club** – Lets you make friends, socialize, and exchange contact info to take friendships out of school.

- Tuesday, 2/4 at 3:30 PM
- **\*\*Note – This club requires a signed permission slip (download below).**



**LGBTQI+ Support Group** – If you are lesbian, gay, bisexual, transgender, or an ally, this group will support you.

- Check out this [SITE](#) for more info
- Thursday, 2/6 at 3:30 PM
- <https://zoom.us/j/288220295>

**Cooking Club** – Learn cooking tips and share recipes.

- Tuesday, 2/11 at 3:30 PM
- <https://zoom.us/j/828582476>

**Animal & Pets Club** – Lets share our pets – you can show pictures or put your pet on camera for all to see and share in the fuzziness!

- Thursday, 2/13 at 3:30 PM
- <https://zoom.us/j/258026572>

**Social Club** – Lets you make friends, socialize, and exchange contact info to take friendships out of school.

- Tuesday, 2/18 at 3:30 PM
- **\*\*Note – This club requires a signed permission slip (download below).**

**LGBTQI+ Support Group** – If you are lesbian, gay, bisexual, transgender, or an ally, this group will support you.

- Check out this [SITE](#) for more info
- Thursday, 2/20 at 3:30 PM
- <https://zoom.us/j/591591498>

**Cooking Club** – Learn cooking tips and share recipes.

- Tuesday, 2/25 at 3:30 PM
- <https://zoom.us/j/811823734>

**Animal & Pets Club** – Lets share our pets – you can show pictures or put your pet on camera for all to see and share in the fuzziness!

- Thursday, 2/27 at 3:30 PM
- <https://zoom.us/j/187591583>



Social Club Permission Slip.pdf



Download  
108.0 KB

## Learning Coach University (LCU)

Learning Coaches, are you tired of struggling to get your students involved in school? Students, do you need more support and encouragement from your LC? Join us this month as we cover the topic of

attendance requirements to help you succeed! All Learning Coaches who attend the session and fill out the feedback survey will be entered into a raffle at the end of the quarter. YOU could be the winner! See our list of upcoming sessions below:



**Thursday, February 27, 6 PM**

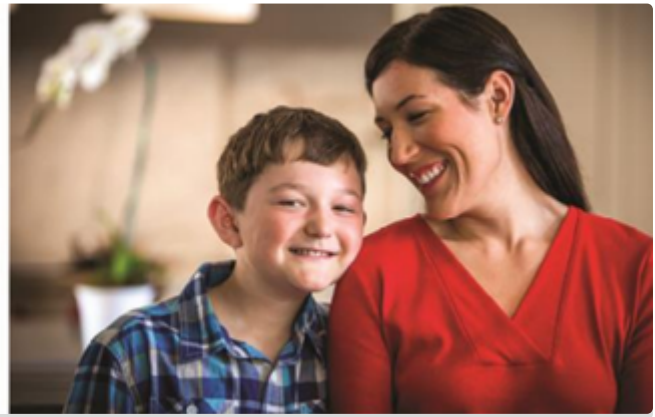
- Main Topic: Attendance/Requirements
- Click here to join: <https://zoom.us/j/168498146>

**Thursday, March 19, 6 PM**

- Main Topic: OHS Login - check grades and attendance

**Thursday, April 30, 6 PM**

- Main Topic: Expectations of State Testing - What you need to know



## K-12 Learning Coach University & Coach-to-Coach Sessions

K-12 is conducting weekly sessions of Learning Coach University Tuesdays at 12 PM.

Or, check out K-12's Coach-to-Coach Sessions, where you can learn the ropes from another LC, just like you! Click the links below for details.

**Download the flyers below.**



C2C\_Flyer\_February 2020\_FINAL.DOCX

[Download](#)  
1.9 MB



LCU\_Flyer\_February 2020\_FINAL.DOCX

[Download](#)  
962.7 KB



Visit the LC One Stop Shop to download important school documents, view How-To videos, learn how attendance works, and more!

## Share Your Story

INSIGHT SCHOOLS OF CALIFORNIA



How has online school helped you?  
Who is your favorite teacher?  
What do you love about learning online?

**WE WANT TO KNOW!  
SHARE YOUR STORY HERE:**  
[elevate.press/link](https://elevate.press/link)



**Insight**  
SCHOOLS OF CALIFORNIA

College & Career Highlight



## U.S. Military

The United States Armed Forces are the military forces of the United States of America. It consists of the Army, Marine Corps, Navy, Air Force, Space Force and Coast Guard. From the time of its inception, the U.S. Armed Forces played a decisive role in the history of the United States. The military provides advanced technical training in a variety of career fields and also offers opportunities for additional training when you are off-duty. Many military members are able to attend college courses that are often paid for by tuition assistance.



### Eligibility Requirements →

Learn about the basic eligibility requirements for joining, including age, education level, physical condition and U.S. citizenship status.



### ASVAB Test →

Find out where you can take the Armed Services Vocational Aptitude Battery (ASVAB), which measures a young adult's knowledge, strengths and weaknesses, and potential for future success.



### Enlisting in the Military →

Discover what it's like to visit a Military Entrance Processing Station (MEPS), where recruits complete the enlistment process.



### Becoming an Officer →

If you're interested in commissioning as an officer, there are several paths available. Get details on each to see which one might be right for you.



### Boot Camp →

Curious about Basic Training, also known as "boot camp"? We'll provide you with all the necessary details and resources to help you prepare for the challenge.



### Questions to Ask a Recruiter →

Speaking with a recruiter is an incredibly important part of the recruitment process. Approach this conversation with confidence using these resources and FAQs.

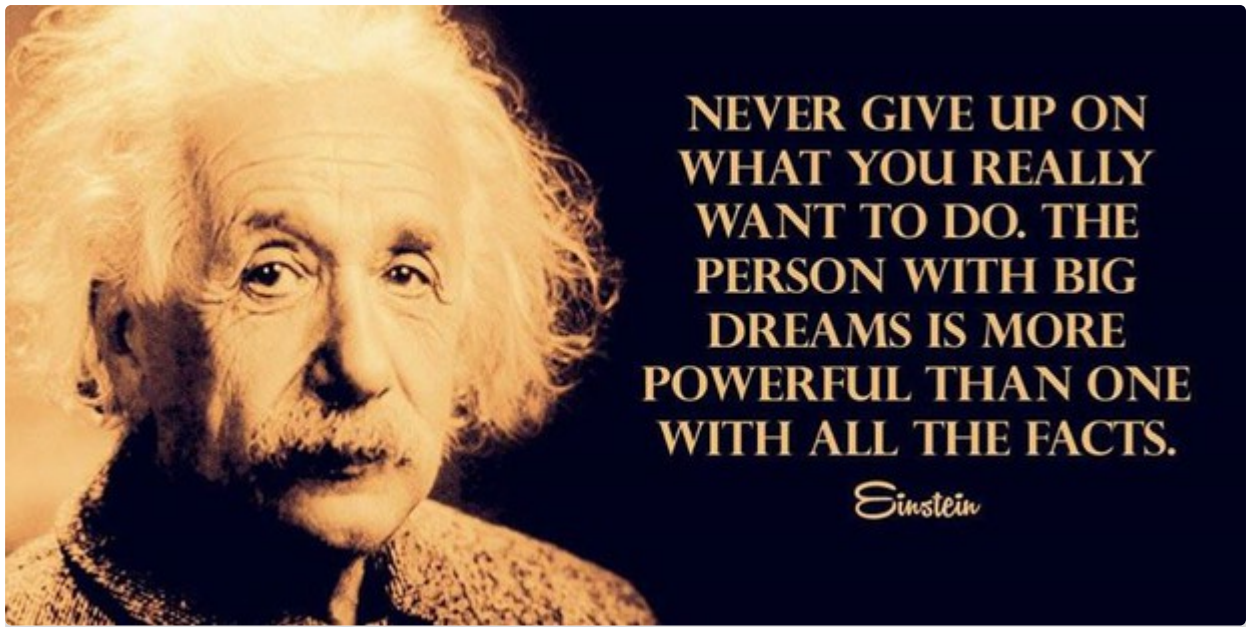
## 7 Mindsets Quote for February!

### Passion First:

The Passion First mindset teaches us that we are each a unique expression of human life, and that our lives should be focused on finding our unique genius and sharing it with the world to the maximum extent possible. Learn to make your dreams authentic, and of such critical importance, that you'll find the fuel to overcome any obstacles you face on the way to achieving them.

*"Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts." - Albert Einstein*



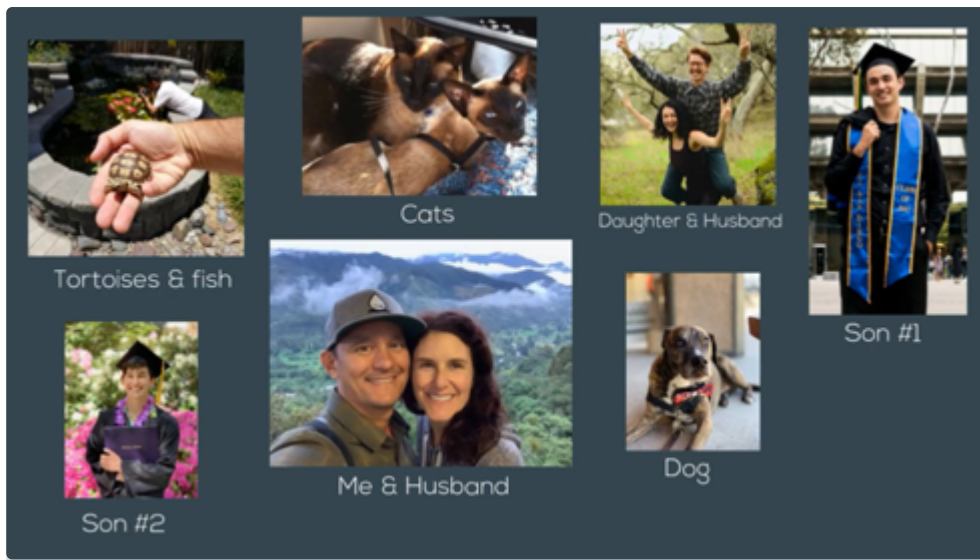


## Teacher Tribute



This is my 11th school year with K12 (both Insight and CAVA), and I am so happy to be an Academic Advisor! My teaching background is in chemistry and Earth Science, but most of my career here at K12 has been working alongside students and families in support roles to help them stay on track to graduate.

In my spare time, I enjoy traveling, exploring nature, reading, practicing Spanish, and hanging out with my family (which includes 3 fabulous children, a dog, a cat, 2 tortoises, and a variety of fish).



## February Birthdays



## Attendance Matters: Where You Belong

Do you have questions about attendance at Insight? Each month we are going to spotlight some common questions that we receive about attendance. For more attendance information, you can always check out this link and look under Attendance 101!

<https://www.smores.com/9ve6d-learning-coach-one-stop-shop>



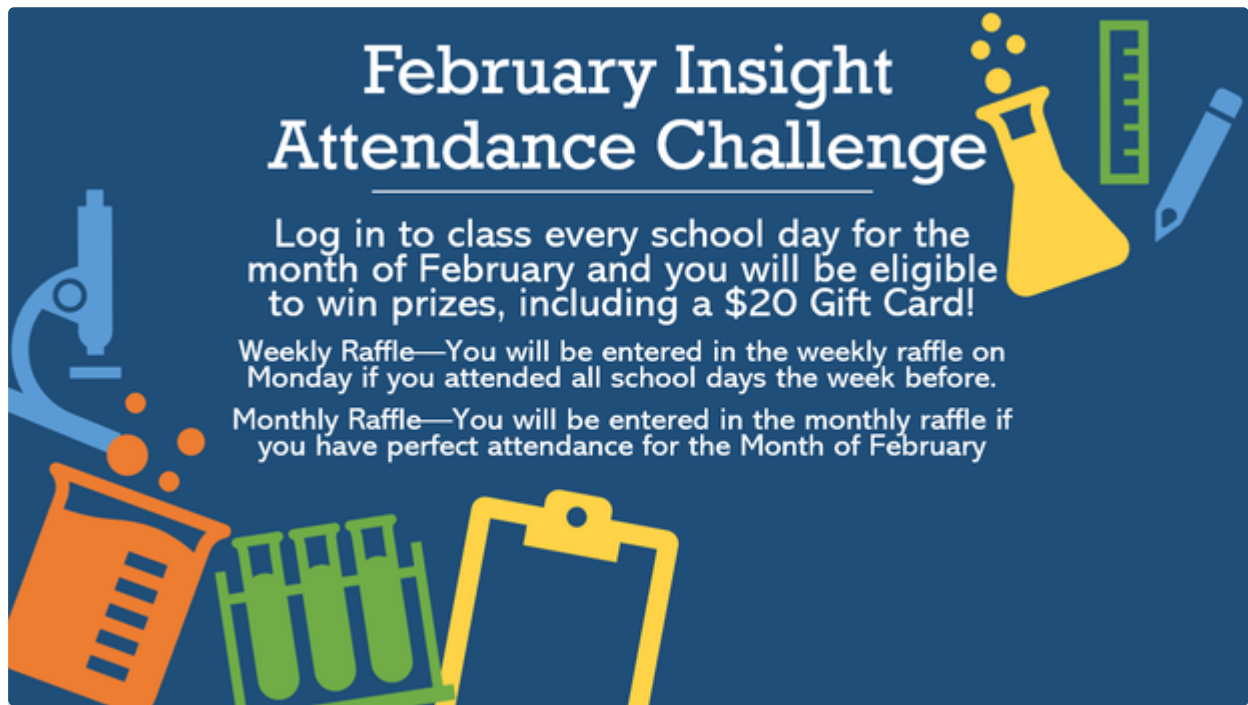
### How can I find out which days my student has missed?

Your student's Academic Advisor is the best person to contact with any questions regarding missed days. You can also check your Learning Coach OHS Account to see when your student accessed their courses. Click the link below to watch a video with more info.

[How to Access LC OHS Account Video](#)

### Attendance Incentive Raffle:

We are going to have another Attendance Challenge this month. Make sure that you're logging in EVERY day and working in your courses. For every week of perfect attendance, you will be entered into a drawing for gift cards. We will have drawings weekly and a \$20 gift card for perfect attendance for the month.

A dark blue rectangular graphic with white and yellow text and icons. The title 'February Insight Attendance Challenge' is at the top. Below it, the main text says 'Log in to class every school day for the month of February and you will be eligible to win prizes, including a \$20 Gift Card!'. Two raffle rules are listed: 'Weekly Raffle—You will be entered in the weekly raffle on Monday if you attended all school days the week before.' and 'Monthly Raffle—You will be entered in the monthly raffle if you have perfect attendance for the Month of February'. The graphic is decorated with icons of a microscope, a beaker, a test tube rack, a clipboard, and a pencil.

## February Insight Attendance Challenge

Log in to class every school day for the month of February and you will be eligible to win prizes, including a \$20 Gift Card!

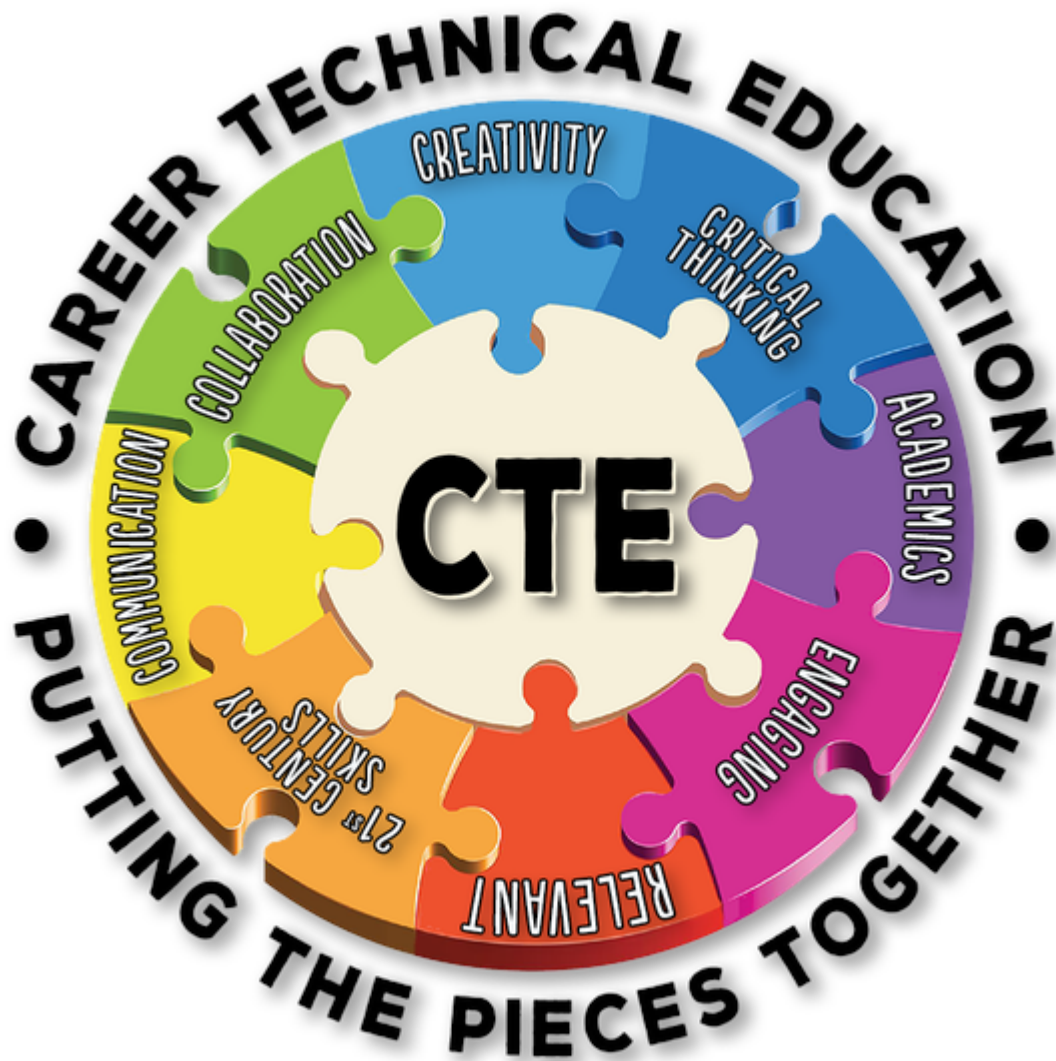
Weekly Raffle—You will be entered in the weekly raffle on Monday if you attended all school days the week before.

Monthly Raffle—You will be entered in the monthly raffle if you have perfect attendance for the Month of February

*[Click here to visit our FAST website!](#)*

FAST: Family Academic Support Team! Click on website to read more about how we help students and families! We provide many resources and different layers of support!

Counselor's Corner



## CTE and Me

### **Career Technical Education may be your pathway to success**

Good News Insight Students! You are in the best possible place to be get a head start on a career that is fulfilling and rewarding. How, you ask? Well, you already know that Insight students are typically able to graduate ahead of their brick and mortar peers due to our reduced credit requirements. Woot woot! You should also be aware that Insight graduates are not eligible for admission to four-year colleges and universities, but they are eligible for applying to community colleges and trade schools. This is fantastic news! Community colleges, trade schools, and apprenticeships are generally faster to completion and cost less (or sometimes even free!). Community colleges and trade schools are also the primary place where you will find Career and Technical Education options.

What is Career and Technical Education (CTE)? Simply put, CTE is the practice of integrating academics with career specific skill training in a wide range of high-wage, high skill, and high-demand careers.

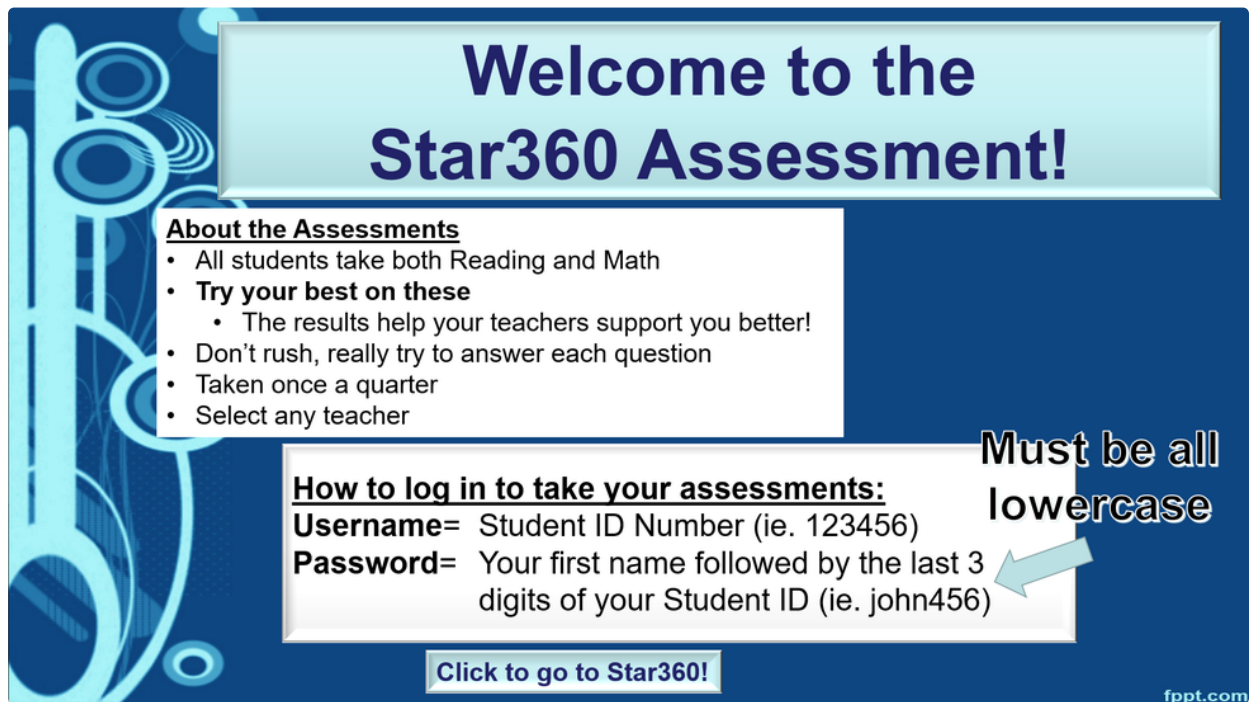
CTE is split into **16 career clusters** that apply to different high-demand careers:

1. Health science
2. Business
3. Sales
4. Finance
5. Information technology
6. Science, technology, engineering, and math
7. Manufacturing

8. Logistics
9. Hospitality
10. Government
11. Law
12. Agriculture
13. Human services
14. Construction
15. Training
16. Arts, audio/visual technology, and communications

I encourage you to examine your career interests and ask yourself if a CTE pathway may be the right fit for you. As always, your Counseling Resources website is a great place to get started. Please click on the link below to visit our Career Page:

<https://sites.google.com/site/iscacounselingresources/career-pathway-information>



**Welcome to the  
Star360 Assessment!**

**About the Assessments**

- All students take both Reading and Math
- **Try your best on these**
  - The results help your teachers support you better!
- Don't rush, really try to answer each question
- Taken once a quarter
- Select any teacher

**How to log in to take your assessments:**  
**Username=** Student ID Number (ie. 123456)  
**Password=** Your first name followed by the last 3 digits of your Student ID (ie. john456)

**Must be all lowercase**

[Click to go to Star360!](#)

fppt.com

## Students! Interested in Contributing to the Monthly Newsletter?

If you are interested in contributing to the monthly newsletter, please contact  
Janine Terrazas at [jterrazas@k12insightca.org](mailto:jterrazas@k12insightca.org)

For Example:

Student Birthday

Student Art & Photography

Student Writing



